

# DECISION POWER<sup>SM</sup> HEALTHY DISCOUNTS

At Health Net, we believe good health is more than the absence of illness. It's taking action to improve your mind, body and soul. Our Decision Power<sup>SM</sup> Healthy Discounts<sup>1</sup> program rewards you for being a member. Save on these products, services and more.

# WEIGHT MANAGEMENT

# WeightWatchers<sup>®</sup> Weight Watchers<sup>®</sup> offers three weight loss solutions:

- Weight Watchers Local Meeting vouchers<sup>2</sup> Local Meeting vouchers are a prepaid savings plan that offers the flexibility of attending Weight Watchers meetings in your community when and where it suits you best. Members receive the special value price of just \$95.89 for a 13-week series, bundled with a FREE Weight Watchers Exercise DVD valued at \$15.
- Weight Watchers At Home Kit

The At Home kit gives you information and resources by mail to follow our plan step-by-step at home. The kit includes weight-loss tools and bonus products that are conveniently delivered to your home. The special value price is \$124.90, which includes shipping and handling.

- Weight Watchers Online Subscription With an online subscription you can follow our plan step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. The special value prices are:
- 3-month subscription \$55.00 (a savings of \$10.00)
- 12-month subscription \$166.70 (a savings of \$50.85)

For more information, call 1-866-896-2655 or visit www.weightwatchers.com/cs/healthnet/index.aspx.

Members and their eligible dependents can join **Jenny Craig**<sup>®</sup> and save on their program membership fees. Together with one-on-one support, Jenny Craig will design a personalized program that fits your lifestyle. Call 1-800-Jenny20 to learn more.

## EYE CARE



Receive discounts through EyeMed Vision Care<sup>®</sup> on eye exams, frames and lenses at more

than 20,000 locations including Target Optical and LensCrafters. Members receive a 15% discount on retail Laser Vision Correction or 5% off the promotional price. Contact EyeMed at 1-866-559-5252 or go to www.eyemedvisioncare.com > *Members* > *Login/Register* and select "H" under Discount Plan Members to view the Health Net discount program information (plan 9235003).

## HEALTH AND ONLINE RESOURCES

# beYOU.tv

Be inspired to make healthy lifestyle choices

by subscribing to **beYOU.tv/healthnet**. For just \$9.95/month you can get exercise videos, personal growth videos and inspirational tips from a team of experts. Plus get 20% off all download-to-own videos or purchase full-length workout and wellness videos. Visit www.beyou.tv/healthnet or call us at 1-877-BEYOUTV (1-877-239-6888).

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### HEARING AIDS AND SCREENINGS



Health Net members age 10 to 64 receive a complete hearing evaluation for \$30 and a 30% discount on Newport Audiology

Centers' standard prices for hearing aids. Plus, members who purchase a hearing device receive at no charge a 2-year warranty (including loss and damage coverage), 1-year supply of batteries (up to 48 cells) per aid purchased, unlimited counseling, follow-up visits and more. For more information, call 1-800-675-5485 or visit www.newaud.com/healthnet.



Health Net members and their immediate family members (grandparents, parents, spouse

and children) receive a free hearing screening. Receive a 25% retail discount off the purchase price of any Beltone hearing aids and a free second year warranty at participating Beltone<sup>TM</sup> Hearing Centers. For more information, call 1-800-BELTONE (1-800-235-8663) or visit www.beltone.com.

#### FITNESS CLUB DISCOUNTS



With ChooseHealthy<sup>TM</sup>, a division of American Specialty Health, Health Net members

will receive either a minimum 10% discount off the initiation and/or monthly dues, or the best available public rate based on the type of gym membership selected. Rates vary according to the size, location, facility and programs offered. All clubs meet industryspecific clinical and safety standards. To search for a fitness club in your area, log on to healthnet.com > Decision Power Health and Wellness > Member Discounts > Fitness Clubs and print out a one-week introductory certificate. For more information, call 1-877-335-2746.

### EMERGENCY MEDICAL INFORMATION SERVICE

MedicAlert Members can receive a

substantial first-year and

annual savings when they subscribe to MedicAlert®. For persons with existing medical conditions, this greatly reduces the chance of medical errors, allergic reactions and medication interactions. In the event of an emergency, first responders worldwide will know to call MedicAlert to retrieve important personal health information. Health Net members pay \$25 for an annual membership (savings of 35%) or \$65 for a 3-year membership (a 25% savings). For more information or to enroll please call 1-800-432-5378.

#### OTHER HEALTH CARE SERVICES

Get 50% off the initial consultation on the provider's usual and customary fees for acupuncture, chiropractic, massage and nutrition counseling, plus 30% off visits after that. For a listing of contracted providers, visit www.healthnet.com or call American Specialty Health Networks (ASH Networks) at 1-877-335-2746.

For more information on other Decision Power Healthy Discounts partners, such as Sports4kids, Yoga Journal, and My Gym, visit www.healthnet.com > Decision Power Health & Wellness > Member Discounts.

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All programs are subject to change. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions. Health Net Decision Power Healthy Discounts offers discounts on health products and reduced-fee health services. Decision Power Healthy Discounts is not part of your Health Net benefit program and is not intended to take the place of any covered benefits and is offered to the member in addition to, rather than instead of, covered benefits. Decision Power Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions regarding the Decision Power Healthy Discounts program should be directed to Health Net's Member Services Department. Questions regarding a Decision Power Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Decision Power Healthy Discounts products are based on the providers' regular retail prices and usual charges. Provider's prices and charges are subject to change without notice. All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Decision Power Healthy Discounts program and assumes no liability for such.